



## Ratings

- ◆ Easy
- ◆ Moderate
- ◆ Challenging

## Route Descriptions

### **A** NEWBURGH ◆ 30 km

The perfect way to spend a morning or afternoon, this route offers rolling hills and long flat stretches, where you can challenge your endurance or make this ride a leisurely excursion.

### **B** NAPANEE RIVER ◆ 24 km

This is a great route, offering picturesque views of the Napanee River and the Bay of Quinte. You could complete this loop in an hour or take three hours and enjoy the river's edge and rolling hills.

### **C** CAMDEN ◆ 63 km

The Camden Route provides picturesque farmland, charming villages and natural beauty making this loop a memorable experience. The rolling hills and long flat stretches found along this ride are appealing to almost all cycling enthusiasts.

### **D** SHORELINE ◆ 71 km

Long before we ever considered cycling in this region, United Empire Loyalists walked this beautiful countryside. Farmland, apple orchards and vineyards now dominate the route as you get a glimpse of our past through a number of historical sights.

### **E** HAY BAY ◆ 44 km

This route is along the shore of Hay Bay and the Bay of Quinte. It will take you past farmland, cottages and campgrounds that overlook some of the best walleye fishing waters you'll find anywhere. The breathtaking blend of rural settings found along this beautiful ride make this a popular choice among cyclists.

### **F** SHEFFIELD ◆ 78 km

You could call this the transition route. The land surrounding the village of Tamworth is dotted with working farms, wetlands and limestone outcroppings. As you travel north the landscape changes rapidly, giving way to spectacular views of granite and evergreens that dominate the southern edge of the Canadian Shield.

### **G** SALMON RIVER ◆ 54 km

This route offers nearly equal distances north, east, south, and west. There are many opportunities to stop for refreshments at a village store or at one of the points where you cross the Salmon River. This is a favourite route for cycling enthusiasts as it offers a combination of paved shoulders and quiet back roads.

### **H** BUCKSHOT LAKE ◆ 102 km

This is the most challenging of our routes. Taking you through the ups and downs of the Canadian Shield. Beauty surrounds you while you meander past wetlands, lakes and rugged wilderness.

### **I** FLINTON ROAD ◆ 37 km

This route may be best suited for hybrid cyclists as it offers a combination of hard surface and dirt road. Take your time while riding and be sure to bring your camera because the scenery is fantastic along this route.

### **J** ODESSA ◆ 28 km

The route provides an inviting excursion where you get a glimpse into L&A's rich past. You will notice many landmarks and settlements of the United Empire Loyalists, so leave time to stop and learn more about the history of this region.

### **K** AMHERSTVIEW ◆ 24 km

Take your time and enjoy this great route. Be sure to stop at Fairfield Park to skip some stones on Lake Ontario or visit Fairfield House and learn about the history of this United Empire Loyalist homestead.

### **L** WHITE LAKE ◆ 21 km

Rolling hills, lakes and wetlands describe the landscape, with very few flat stretches to be found. This route offers frequent changes in terrain and never lets you go very long without testing your conditioning.



county of  
**Lennox & Addington**

## Contact Us

by phone: **613-354-4883**

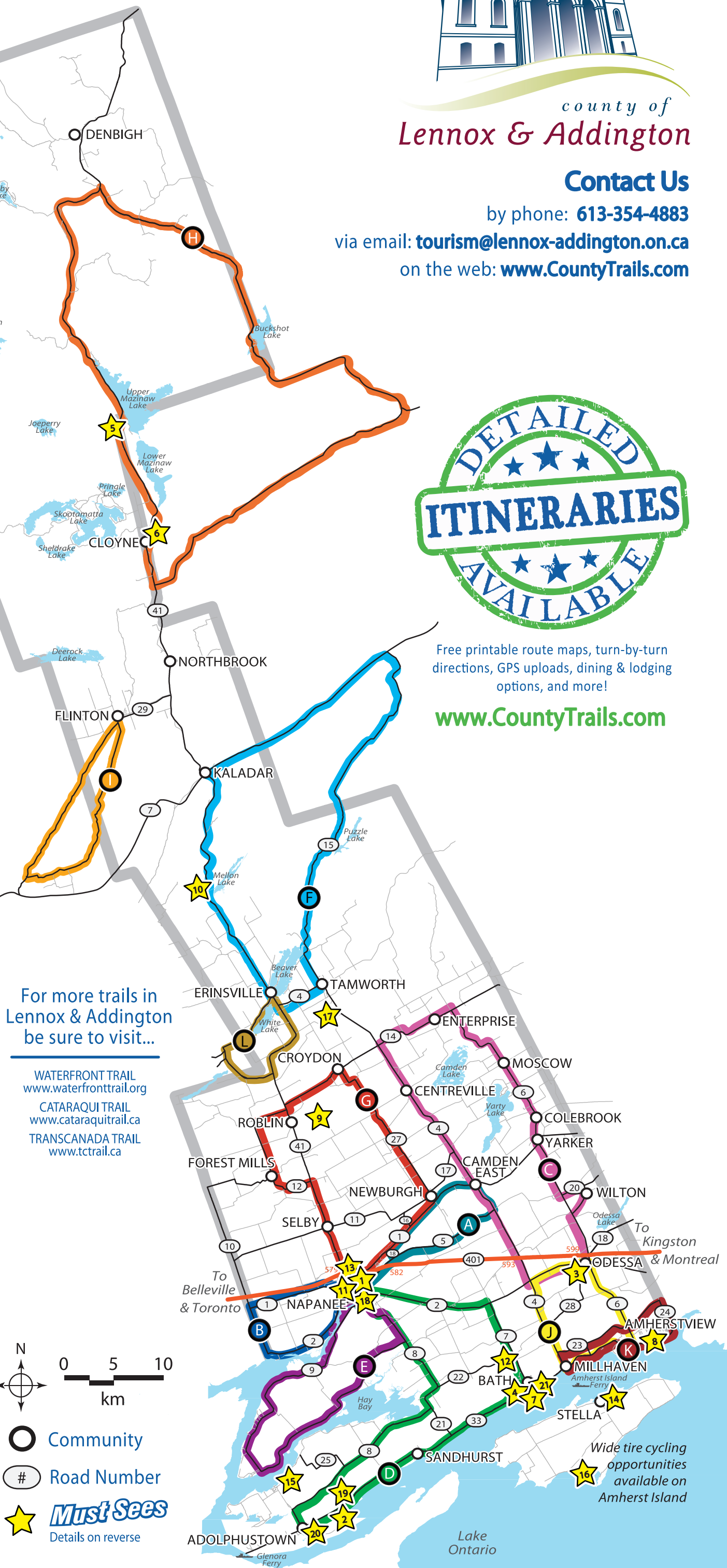
via email: [tourism@lennox-addington.on.ca](mailto:tourism@lennox-addington.on.ca)

on the web: [www.CountyTrails.com](http://www.CountyTrails.com)



Free printable route maps, turn-by-turn directions, GPS uploads, dining & lodging options, and more!

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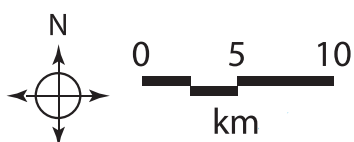


For more trails in Lennox & Addington be sure to visit...

WATERFRONT TRAIL  
[www.waterfronttrail.org](http://www.waterfronttrail.org)

CATARAQUI TRAIL  
[www.cataraquitrail.ca](http://www.cataraquitrail.ca)

TRANSCANADA TRAIL  
[www.tctrail.ca](http://www.tctrail.ca)



Community

Road Number

**Must Sees**  
Details on reverse

Wide tire cycling opportunities available on Amherst Island