

MADAWASKA & OTTAWA VALLEY

Slip into Valley time and get your ride on setting up base for two days with rides out of Barry's Bay and through some of the most stunningly beautiful scenery that Ontario has to offer. Get to know the area intimately with these paved routes that climb some challenging hills and drop down in and out of quiet hamlets surrounded by forested wilderness. Rounding out your stay and adding to the great Valley rides, learn more about the early settlers and logging history. Enjoy the comforts and charm of Barry's Bay or stay at nearby lakeside resorts, camps and cottages.

RIDE DAY 1: BARRY'S BAY SOUTH & ABOUT LOOP

Total Distance: 113km

Experience Level: Experienced, road cyclist

Route Surface: Paved roads

Staging Area / Parking: Start route from municipal parking lot near visitor information centre at 19503 Opeongo Line, Barry's Bay

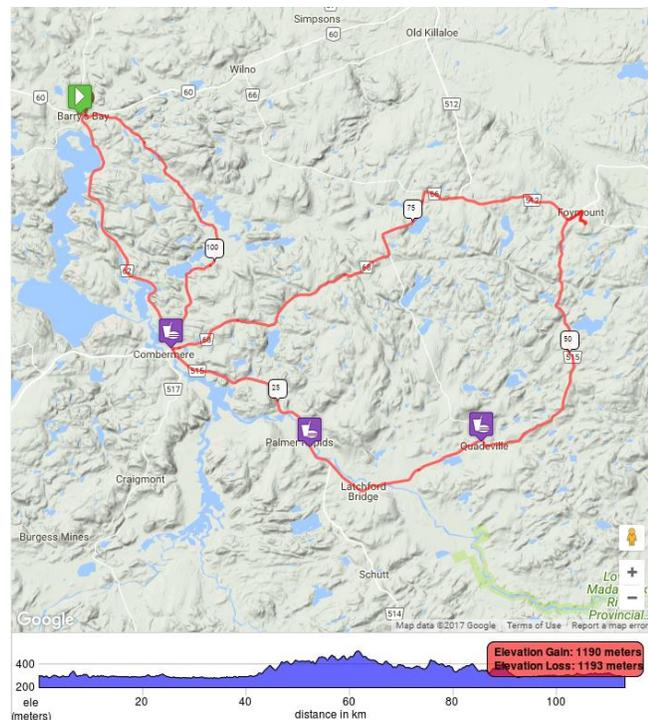
Link to Route Map:

www.ridewithgps.com/routes/23272002

www.strava.com/routes/10178436

(Download GPX File from Strava)

Route Description: Setting out from Barry's Bay, be ready for a big ride day out. Fly along the quieter flat stretches of road from Combermere following the wide and winding Madawaska River. It's not till the back 50 that this ride turns serious, with endless valley climbs and dips from Quadeville and back around to Combermere. Bag Ontario's highest populated peak (523m), detouring to Mount Foymount, where a cold war era radar station has been left to ruin. Surrounded by forest, the push through the next 30km will be remembered for all the right reasons. From Combermere put on cruise control heading back into Barry's Bay. Cool off in Lake Kamaniskey and hit the Ash Grove Inn's patio for sunset lake views, a ride recap and more. For a shorter 71km loop start from Combermere.



ADDITIONAL INFORMATION

Cold Drinks & Refreshment Enroute: Combermere, Palmers Rapids, Quadeville

Pubs, Patios & Good Eats: Barry's Bay

Accommodations: Various in town of Barry's Bay or out of town at lakeside resorts, bed and breakfasts, motels, cottages and camps



RIDE DAY 2: BARRY'S BAY NORTH LOOP

Total Distance: 66km

Experience Level: Experienced, road cyclist

Route Surface: Paved roads

Staging Area / Parking: Start route from municipal parking lot near visitor information centre at 19503 Opeongo Line, Barry's Bay

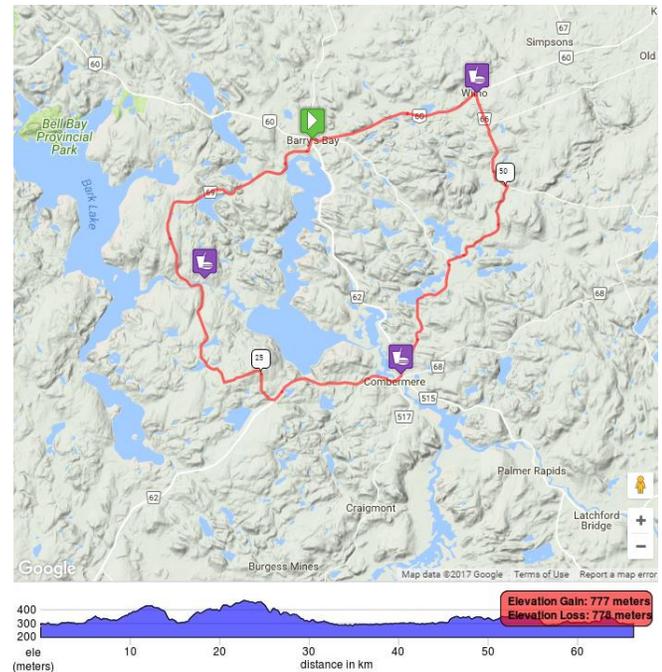
Link to Route Map:

www.ridewithgps.com/routes/23271850

www.strava.com/routes/10178523

(Download GPX File from Strava)

Route Description: Stretch the legs and take on a cardio challenge riding this 66km route. Heading out from Barry's Bay, Siberia Road will live up to its name, with serious rollers through backcountry green. Checkout the Madawaska River whitewater and stop for refreshments at the Kanu Centre at 16km. Take on an extra climb for a ride-stopping view over Lake Kamaniskeg at 28km, before cruising into Combermere and what will surely seem like an easy remainder of ride. Enhance the day with a refreshing splash under the log chute at Crooked Slide Park at the 37km mark. With just under 10km left to ride, stop in at the well-known Wilno Tavern for perogies and beer, and celebrate the rich Polish heritage of the area.



ADDITIONAL INFORMATION

Cold Drinks & Refreshment Enroute: Madawaska Kanu Centre, Combermere, Wilno

Pubs, Patios & Good Eats: Wilno, Barry's Bay

Accommodations: Various in town of Barry's Bay or out of town at lakeside resorts, bed and breakfasts, motels, cottages and camps



VISITOR INFORMATION

www.ottawavalley.travel

www.comewander.ca

Ottawa Valley Cycling Map - Available online or in print at various locations. Use this map to view all recommended routes in area and/or change ride routes. www.ottawavalley.travel/bike

Find certified bicycle friendly accommodations and other places to stop, visit and eat, plus info and maps on trails and other routes, bike tour operators and rentals at:

www.ontariobybike.ca/ottawavalleyrenfrew

NOTES TO RIDERS

Cautions: Roads that may have higher traffic volumes on these routes include: Day 1, Highway 62; Day 2, Highway 60.

Disclaimer: These road routes are suggested routes only. All cyclists are responsible for their own safety, must use roads with caution and do so at their own risk, abiding by rules of the road and local bylaws. The routes should be evaluated by each individual cyclist based on their level of experience, weather conditions and any other factors. Ontario's Highlands Tourism Organization, Ontario By Bike / Transportation Options and all others involved in the development of this itinerary do not assume any liability whatsoever for cyclists using this information and travelling upon these routes.