



ONTARIO BY BIKE RIDE OTTAWA CITY & COUNTRY TOUR



SELF-GUIDED RIDE ITINERARY

Total Ride Distance: 92km

Suggested Ride Time: 2 days, 1 night

Experience Level: Moderate

Route Surfaces: Paved and unpaved multi-use trails, road sections that require caution, with no paved shoulders or cycling facilities.

Suggested Ride Start & Finish Location & Parking:

This is a looped ride route. Suggested start location is the [Diefenbunker](#), 3929 Carp Road, Carp for day one and downtown Ottawa City Hall for day two. If you are riding with a group make sure to call the Diefenbunker upfront and ask for parking permission.

Parking at Ottawa - Free weekend parking in city lots – Ottawa City Hall – 110 Laurier Avenue West. If full, try alternate free parking nearby at 210 Gloucester Street.

Your Bike: Suitable for all types of bikes, as routes are fully paved. Ensure you arrive to start with a bicycle in good working order, appropriate outerwear for conditions, and refreshments should you need them before. Helmets are strongly recommended. There are limited bike shops, should you require any major repairs or supplies.

Suggested overnight Accommodations: Find a variety of Ontario By Bike certified bicycle friendly accommodations in Ottawa at [HERE](#).

Digital Route Map:

- Day 1: www.ridewithgps.com/routes/29252991
- Day 2: www.ridewithgps.com/routes/30788862

Print Maps:

Day 1: Carp & Country Debunker Rural Route

https://documents.ottawa.ca/sites/documents/files/bike_route_carp_debunker_en.pdf

Day 2: Ottawa Gatineau Cycling Map

www.biketoworkottawa.ca/wp-content/uploads/2017/04/30174_107949_CC_Cycling_map_2017_reduced_1.pdf

Disclaimer – This route is a suggested route only. The route incorporates both multi-use trail and on-road riding. All cyclists are responsible for their own safety, must use both trails and streets with caution and do so at their own risk. Always wear the proper safety gear when cycling, ride sensibly and abide by all laws. Each route should be evaluated by each individual cyclist based on their level of experience, comfort level in cycling on trails and roads, weather conditions, time of day, and any road obstacles. Ontario By Bike / Transportation Options and all others involved in the development of this route do not assume any liability whatsoever for cyclists using this information and travelling upon this route.

Day 1: Carp Loop - 45km

Ride Start Location: Diefenbunker, 3929 Carp Road, Carp.

Saturday Ride Recommendation:

- If riding on a Saturday, you may want to visit the Carp Farmers Market open 8am to 1pm. Or plan a stop after ride, if you finish ride early. Please be aware, the small village is busy on market day. Parking in village is limited.
- Washroom facilities at parking lot (both library and Diefenbunker) open at 10am.

20km - Morning Break – The Herb Garden, 3840 Old Almonte Rd

- Don't miss this stop at [The Herb Garden](#), directly on route.
- Visit this site with heritage barns, variety of gardens, log cabin, artisan boutique and gallery. Open to public, till 1pm, free admission.

22.5km – Suggested Lunch Break – Cockery Community Centre, 3447 Old Almonte Rd

- Located next to Fire Station. Portable washroom is on site.
- Bring a picnic lunch.

45km - Ride Finish Location – Diefenbunker, 3929 Carp Road, Carp

- This is a looped ride, it will end where it started, at the [Diefenbunker](#).
- Be sure to take the time to visit this highly interesting and unique attraction.
- And/or visit [Carp Farmer's Market](#), open 8am to 1pm
- And/or visit [Kin Vineyard](#), 2225 Craig's Side Rd, Carp
- For post ride refreshments in Carp village visit [Alice's Village Café](#) or [The Swan at Carp](#)

Overnight Accommodations: Find a variety of Ontario By Bike certified bicycle friendly accommodations in Ottawa at [HERE](#). Downtown Ottawa is approximately 30 min / 40km from Carp.

Arriving at hotel & parking:

Free weekend parking – Ottawa City Hall – 110 Laurier Avenue West. If full, try alternate free parking nearby at 210 Gloucester St.

Bike storage: If using an Ontario By Bike certified bicycle friendly hotel be sure to ask about secure bike parking overnight inside the hotel, either a bike storage room or in your hotel room.

Post Ride & Evening

- Explore Ottawa. See visitor information sheet provided below for more restaurant, attractions and activity suggestions.

Day 2: Ottawa Downtown Loop – 47km

Suggested Ride Start Location: Downtown Ottawa City Hall.

2km to 5km – Sir John A. MacDonald Parkway

- Enjoy a ride along this downtown road. During the summer months the road is closed Sunday mornings to vehicle traffic as part of the [NOKIA Sunday Bikeways](#)

10km – [Bytown Museum](#)

- Scenic photo stop along canal with views up to Parliament Hill and Chateau Laurier.
- You can cross the canal here on a small swing bridge.

24km - Optional Stop – Rideau Falls Park

- Take a break and enjoy the views or cafe.

36km – Suggested Lunch Break Stop – Hog's Back Park

- If you bring your own lunch you can enjoy this outdoor picnic area for your lunch stop.
- Concession stand and washrooms are also available.

36km to 38km – Hog`s Back Park & Rideau Canal Lock 11 & 12 & Mooney`s Bay Park

- Feel like you have left the city behind while visiting the scenic waterfalls at [Hog`s Back](#). Head a little further along trail to Mooney`s Bay and popular beach park. See the boats pass through the Rideau Canal at Lock 11 and 12.

39km to 41km – The Experimental Farm & Dow`s Lake

- You might want to slow down a bit and explore the following for the rest of the afternoon:
 - [Experimental Farm](#) area with options to visit [Canada Agriculture & Food Museum](#) and [Arboretum and Ornamental Gardens](#).
 - The popular recreation area of [Dow`s Lake](#), canoe, kayak, SUP rentals plus patio restaurant in pavilion and overlooking lake and parkland.
 - There is also a restaurant and concession stand at Dow's Lake Pavillion.

47km – End of Ride – Return to Start

- Return to start and parked car.
- We hope you have enjoyed the Ottawa City & Country Ontario By Bike Ride.

Visitor Information – Ottawa

Canada's capital, a dynamic showcase city of more than one million people. Sitting on the Ottawa River, it has at its centre Parliament Hill, with its grand Victorian architecture as a variety of attractions and museums including the National Gallery of Canada. The city offers an urban centre which is great to explore by walking and cycling. Enjoy lots of markets and restaurant in a variety of distinctive neighbourhoods.

Below you can find a small selection of highlights of what to do while visiting Ottawa. The city offers many more attractions and places to go. For more information for Ottawa and area, visit Ottawatourism.ca. For additional cycling info and certified bicycle friendly businesses visit Ontariobybike.ca/ottawa

WHAT TO DO (Ottawa):

Byward Market

This buzzing hub of cafes, restaurants, and outdoor farmers' market stalls. It is the perfect place to stroll through a variety of specialty food stalls and shops for some tasty treats, Canadian cheese or maple-infused chocolates. Known for its colorful street art and hip stores filled with crafts and clothes by local designers it is the place to go for an evening stroll and dinner after a day of cycling.

Parliament Hill

Home to Canada's Parliament buildings and some fantastic Neo-Gothic architecture, this location is a must see when visiting Ottawa. The hill, overlooking the Ottawa River offers some great views and is the perfect spot for taking some photos over the city. Accessible from Wellington Street, the grounds of Parliament Hill are free to enter. Free tours are also available year round for visitors. Tickets can be booked online Rts.parl.ca/en-CA/home

Canadian Museum of Nature

Canada's national natural history museum offers world-class galleries in a handsome heritage "Castle". Marvel at dinosaurs and other ancient reptiles in the Fossil Gallery. See grizzlies and other wild animals up close in beautiful dioramas in the Mammal Gallery. Be dazzled by over a thousand gorgeous minerals and rocks in the Earth Gallery. Learn about Canada's North in the Canada Goose Arctic Gallery and much more.

Location: 240 McLeod St, Ottawa

Notre-Dame Cathedral Basilica

Located north of the Byward Market, this beautiful and ornate gothic-style cathedral is recognized by its twin spires. Dating to the 19th century, it also features a colourful interior and skyline-dominating spires.

Location: 385 Sussex Dr, Ottawa

Maker House Co.

Maker House Co. is a social enterprise retail store in the Hintonburg neighbourhood of Ottawa, open since 2015. They carry a curated collection of handcrafted furniture and homewares from over 100 local artisans around Ottawa.

Location: 987 Wellington St. West, Ottawa

Rideau Canal & Bytown Museum

Weaving its way through Ottawa's downtown core, the UNESCO World Heritage Rideau Canal stretches 202km from Ottawa to Kingston. Along the canal find dedicated multi-use pathways perfect for cycling, running and walking in the summer. The canal in the winter becomes the world's largest skating rink. The flight of eight massive locks within the city are part of the full 49 lock canal way still fully operational for boaters. To learn more about the history of the Canal, you can start the journey at the [Bytown Museum](#).

Location Museum: 1 Canal Lane, Ottawa

WHERE TO EAT:

Byward Market

There is a large variety of restaurants, cafes, food stalls and take-out locations within the market area. Join us at the Ontario By Bike Social, an optional gathering to be held 6:00pm to 7pm and onwards.

Lowertown Brewery

Located in the heart of the ByWard Market In Ottawa, Lowertown Brewery celebrates the rich history of the Byward Market and the unique heritage of the community in which it resides. Lowertown offers a warm and hospitable atmosphere, where our patrons can enjoy great craft beer, live music and comfort food.

Location: 73 York Street

Telephone: (613) 722-1454

Royal Oak

Ottawa's favourite British pub, serving cold pints and contemporary pub food with a smile since 1980. Show your bike helmet to your server and receive a 10% discount on your meal.

Location: Multiple Locations across the city. Check google Maps or OBB Website.

Mill Street Brew Pub

The Ottawa Brew Pub offers a variety of seasonal and specialty beers that are only available onsite in Ottawa! Located at LeBreton Flats, this 177 year old building, and former grist mill is rich in industrial heritage and charm – a unique setting to grab a pint and enjoy innovative food pairings.

Location: 555 Wellington Street

Telephone: (613) 567-2337

The Red Apron

Charming cafe with sandwiches, gourmet groceries & grab-&-go dinners for takeout or delivery.

Location: 564 Gladstone Ave

Telephone: (613) 695-0417

The Shanghai Restaurant

The Shanghai Restaurant, established in 1971. A family owned and operated business serving great homemade Asian inspired cuisine in an eclectic dining atmosphere.

Location: 651 Somerset St W

Telephone: (613) 233-4001

Pub Italia

Lively, church-themed pub serving familiar grub and brews among religious decor and stained glass

Location: 434 Preston Street

Telephone: (613) 2322326

The Hintonburg Public House

Craft beer, local wines and inventive seasonal pub grub in a cozy setting filled with music and games.

Location: 1020 Wellington St W

Telephone: (613) 421-5087

BIKE SHOPS (Ottawa):

Velofix Ottawa West

A Mobile Bike Shop servicing Gatineau and the Ottawa West area. Book online at www.velofix.com or call Eric at (819) 360-5500.

Tall Tree Cycles

Tall Tree Cycles is Ottawa's premier bicycle boutique. Carrying all different types of bicycles, the store also provides fix up and repair services.

Location: 1318 Wellington St. West, Ottawa

Almonte Bicycle Works

Almonte Bicycle Works will undertake repairs to all types of bicycles (e.g., flat repair, brake adjust, chain replacement, bearing adjust or replacement, bottom bracket renew, wheel repair and truing, cable and housing replacement, handlebar rewrap)

Location: 101 Bridge St, Almonte



Contact details for Ontario By Bike:

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Website: www.OntarioByBike.ca