ONTARIO BY BIKE RIDE
NORTH BAY & LAKES TOUR

SELF GUIDED RIDE ITINERARY

Total Ride Distance: 158km
Suggested Ride Time: 3 days, 2 overnights

Experience Level and Ride Guide: Moderate to experienced. Riders on this ride need to have some experience riding on roads with vehicle traffic as the route primarily on roads, paved and gravel, with some city trails. There is some elevation and rolling hills that may present a challenge to some riders. The majority of the route follows quieter country roads, with some busier segments that have limited paved shoulders. Off-road trails in North Bay are paved. This ride is best suited gravel or road bikes, with wider tires and hybrid bikes. Enjoy a group ride option or ride at your own pace using detailed maps and information provided.

Suggested Ride Start & Parking Locations: Day 1 - South River Brewing Co., 309B Highway 124, South River, 35 minutes south of North Bay. Day 2 – From your selected accommodations in North Bay. Day 3 – Centennial Park, Callander.

Your Bike: Ensure you arrive to start with a bicycle in good working order, appropriate outwear for conditions and any refreshments for enroute. Helmets are recommended. We recommend tires at least 30mm in diameter for this ride, due to some gravel sections.

Digital Routes Maps:
Day 1 - Ridewithgps.com/routes/42051474 - Free navigation: Ridewithgps.com/routes/44247648
Day 2 - Ridewithgps.com/routes/41916204 - Free navigation: Ridewithgps.com/routes/44247664
Day 3 - Ridewithgps.com/routes/41753597 - Free navigation: Ridewithgps.com/routes/44247703

Suggested Overnight Accommodations:
Ontario By Bike Certified Bicycle Friendly Businesses in Northeast Ontario & Parry Sound & Almaguin Highlands

Disclaimer – This route is a suggested route only. The route incorporates both multi-use trail and on-road riding. All cyclists are responsible for their own safety and must use both trails and streets with caution and do so at their own risk. Always wear the proper safety gear when cycling, ride sensibly and abide by all laws. Each route should be evaluated by each individual cyclist based on their level of experience, comfort level in cycling on trails and roads, weather conditions, time of day, and any road obstacles. Ontario By Bike / Transportation Options and all others involved in the development of this route do not assume any liability whatsoever for cyclists using this information and travelling upon this route.

What You Need to Know
RIDE DETAILS

Day 1: South River and around Eagle Lake - 39km

Ride Start Location: South River Brewing Co., 309B Highway 124, South River.

Ride Recommendation:

- If you arrive in South River early you may want to visit Crystal Cave Mineral Exhibit & Crystal Shoppe, 11077 Hwy 124, South River just 2km south on 124 Highway from our start location at South River Brewing Co., or at the end of ride. www.crystalcavecanada.com
- Washroom facilities are available at South River Brewing co. or at the Tim Hortons in Burk's Falls, 20 minutes south of South River on Hwy 11.
- There is one washroom breaks enroute, at lakeside rest stop at Mikisew Provincial Park.

17km –Rest Stop – Mikisew Provincial Park

- Washrooms available.
- Enjoy this provincial park with a public beach on beautiful Eagle Lake.
- Cyclists enter free.

19km – Eagle Lake Narrows Causeway, Country Store, Beach

- Just past the 19km mark, detour east on Eagle Lake Rd a few hundred metres to a scenic causeway across the narrows of Eagle Lake. Across the causeway is the Eagle Lake Narrows Country Store with snacks, Kawartha Dairy ice cream, coffee, camp apparel. There is also a beach across the road.

38.5km – Return to South River Brewing Co.

- After the ride return to start and parking location at the brewery.
- Enjoy a post-ride social at the brewery.
- From here drive to overnight accommodations in North Bay.

Day 2: North Bay, Callander to Bonfield and back – 69km

Ride Start Location: North Bay accommodations

22km – Rest Stop – Big Moose Beach

- Take some refreshments and enjoy the view across this smaller bay of Nosbosing Lake.
- Portable toilet available onsite.

37km – Lunch Stop – Kaibuskong Park, Town of Bonfield

- Kaibuskon Park (524-528 Maple Rd) in the Town of Bonfield. Enjoy picnic tables, waterfalls, and some scenic trails, on an inlet of Nosbosing Lake.
- Take a picnic lunch.
- Portable toilet available onsite.

58km –Rest Stop – Callander Bay

- Be sure to stop in the pretty village of Callander.
- Enjoy lake views from Centennial Park.

- Go to the Callander Bay Heritage Museum and Alex Dufresne Gallery - Local museum in historic home that tells the story of the area's history as well as the story of the Dionne Quintuplets that put the area on the map. Local Art Gallery.
- Sit on the patio at award winning best bicycle friendly business – 1866 Bistro House.
- Stop and shop at local galleries and bicycle friendly Vested Interest.
- Ride out an extra 2.5km on unpaved but scenic Cranberry Trail, just north of Callander.

68km – Ride Finish Location – North Bay
- Return to overnight accommodations in North Bay.

Day 3: Callander to Lake Nipissing Shores – 50km

Ride Start Location: Centennial Park, Callander – or North Bay accommodations

25km – Rest Stop – Links Beach, Lake Nipissing
- Enjoy this beach on the shores of beautiful Lake Nipissing.
- Portable toilet available onsite.

50km – Lunch Stop and Ride End – Centennial Park, Callander
- Visit cafes and food stops in Callander.
- Or picnic lunch in the park.
- Take time to enjoy town of Callander and lake views.

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